

THE OSHA 10-HOUR GENERAL INDUSTRY COURSE
StartSafe StaySafe

Employees' rights and responsibilities

The *OSH Act* provides you the right to work in a safe and healthy environment. As an employee you have the right to:

- Receive proper training and information.
- Review copies of OSHA regulations.
- Request information from your employer on hazards, safety precautions, and procedures.
- Anonymously file a legitimate complaint to OSHA without being fired.

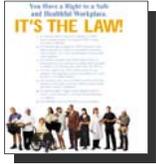
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Employees' rights and responsibilities

You also have certain responsibilities in helping to maintain a safe workplace. As an employee, you should:

- Follow your employer's safety and health rules
- Read the OSHA poster at the jobsite
- Report unsafe conditions to your supervisor
- Wear or use required protective equipment
- Report all job-related injuries and illnesses



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Employers' rights and responsibilities

According to the OSH Act, employers also have rights and responsibilities. Employers are required to provide you with working conditions that are free of recognized hazards that may cause serious injury, illness, or death. Employers also have the right to:

- Seek free advice and consultation
- Request and receive proper identification from visiting compliance officers and accompany them during an inspection

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What Are OSHA Standards

OSHA Standards are the mandatory rules that govern safety and health in the workplace. They are compiled in the Code of Federal Regulations, Volume 29 (29 CFR). OSHA issues standards for a wide variety of workplace hazards, including these and many more:

- Introduction to OSHA
- Preventing Workplace Violence
- Preventing Falls
- Machine Guarding
- Emergency Planning
- Ergonomics
- Bloodborne Pathogens
- Personal Protective Equipment
- Electrical Safety
- Hazard Communication

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What does OSHA do?

Primarily, OSHA seeks to improve the safety and health of American workplaces by focusing efforts on those with the highest injury and illness rates. Here are some standard OSHA activities:

- Encourage employers and employees to reduce workplace hazards through safety and health programs
- Develop and enforce mandatory job safety and health standards
- Conduct workplace inspections
- Maintain a reporting and recordkeeping system for job-related injuries and illnesses

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Is there a need for OSHA?

According to the U.S. Bureau of Labor Statistics, each year there are:

- About 6,000 deaths from workplace injuries
- An estimated 50,000 deaths from illnesses caused by workplace exposure
- Six million (6,000,000) non-fatal workplace injuries

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Youth Workers in the U.S.

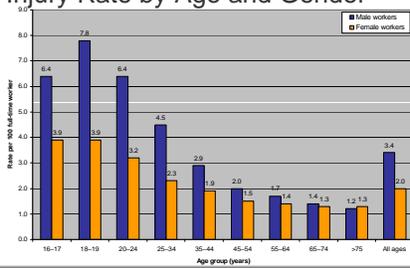
Youth workers are especially at-risk. The injury rate for workers aged 16-24 is double that of any other age category.

Work-related incidents in the United States:

- Kill one youth every five days or 70 annually
- Hospitalize one youth every seven minutes or 77,000 annually
- Injure one youth every three minutes or 230,000 annually

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Injury Rate by Age and Gender



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Improving the Odds

Because of their strong belief that the loss of even one young worker is too great, the Department of Labor and OSHA, along with other government agencies and private companies, have committed to an increasing focus on educating and protecting youth workers.

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StartSafe

When used in the workplace, the key to starting every job with safety is making a commitment to think before you act – to StartSafe.

Before you begin any job, you should:

1. Understand your job.
2. Think about safety.
3. Plan your actions.

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StaySafe

Here is what you will need to do so that you and others can StaySafe:

- Use your knowledge
- Practice safety
- Share safety

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More information?

OSHA Hotline: 1-800-321-OSHA

OSHA'S website: www.osha.gov

OSHA'S Teen Workers website:
www.osha.gov/SLTC/teenworkers/index.html

CareerSafe website:
<http://www.CareerSafeOnline.com/>

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OSHA's Website – www.osha.gov

On OSHA's website, be sure to check out the following OSHA e-tools and these websites for youth workers:

- www.osha.gov/SLTC/youth/restaurant/index.html
- www.osha.gov/SLTC/youth/agriculture/index.html
- www.youth2work.gov
- www.youthrules.dol.gov

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OSHA's Website – www.osha.gov



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Summary

OSHA's goal is to ensure the safety and health of every American worker. Reaching that goal demands that every employer and employee act on their rights and responsibilities in the workplace.

You play an important role.

So remember whatever you do, wherever you are, "StartSafe. StaySafe."

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