





THE OSHA 10-HOUR GENERAL INDUSTRY COURSE  
**Introduction to OSHA (Part I)**

**OSHA Standards cont.**

- **OSHA's Mission:** is to save lives, prevent injuries, and protect the health of America's workers. To achieve this some of the things OSHA does to carry out its mission are:
  - Develop job safety and health standards, and enforcing them through worksite inspections
  - Maintaining a reporting and recordkeeping system to keep track of job-related injuries and illnesses
  - Provide training programs to increase knowledge about occupational safety and health.

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**Introduction to OSHA (Part I)**

**OSHA Standards cont.**

- OSHA also assists the states in their efforts to assure safe and healthful working conditions through OSHA-approved job safety and health programs operated by individual states instead of federal OSHA.



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**Introduction to OSHA (Part I)**

**Why is this Training Important?**

- Even though OSHA has had an impact on worker safety and health, significant hazards and unsafe conditions still exist in the U.S. workplaces.
  - On average, 15 workers die every day from job injuries
  - Over 5,600 Americans die from workplace injuries
  - Over 4 million non-fatal workplace injuries and illnesses were reported
  - The estimated cost of occupational injuries and illnesses are from \$145 billion to \$290 billion a year for direct and indirect costs.



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**Introduction to OSHA (Part I)**

**Know Your Rights**

- Hazard Communication or “**Right to Know**” standard provide additional rights:
  - A safe and healthful workplace
  - Know about hazardous chemicals
    - Employers must have a written, complete hazard communication program that includes information on: Container labeling, MSDs and Worker training. (Note: MSDs provides important information to workers about hazardous chemicals in the workplace)
    - Employers must also include a list of the hazardous chemicals in each work area and the means the employer uses to inform workers of the hazards of non-routine tasks.
    - The program must explain how the employer will inform employees of hazards to which their workers may be exposed.

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**Introduction to OSHA (Part I)**

**Know Your Rights “Right to Know” cont.**

- Information about injuries and illnesses in your workplace
  - OSHA’s recordkeeping rule requires most employers with more than 10 workers to keep a log of injuries and illnesses.
  - The log, which is also called the **OSHA 300**, must contain all work-related injuries and illnesses resulting in lost work days, restricted work or transfer to another job, as well as any incident requiring more than first aid treatment.
  - You have a right to review the current log, as well as the logs store for the past 5 years. The employer must provide this by the end of the next work day.

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THE OSHA 10-HOUR GENERAL INDUSTRY COURSE  
**Introduction to OSHA (Part I)**

**Know Your Rights “Right to Know” cont.**

- Complain or request hazard correction from an employer
- Workers may bring up safety and health concerns in the workplace to their employers without fear of discharge or discrimination, as long as the complaint is made in good faith. [Title 29 of the Code of Federal Regulations (CFR 1977.9(c))]
- Training: You have a right to get training from your employer on a variety of health and safety hazards, and standards that your employer must follow.



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**Introduction to OSHA (Part I)**

**Know Your Rights "Right to Know" cont.**

- Hazard exposure and medical records
  - Under OSHA's standard 1910.1020, you have the right to examine and copy exposure and medical records, including records of workplace monitoring or measuring a toxic substance.
- OSHA standards require employers to measure exposure to harmful substances, and workers or their representatives have the right to observe the testing and examine the results. If the exposure levels are above the limit set by standard, the employer must tell workers what will be done to reduce exposure.
- File a complaint with OSHA: You may file a complaint with OSHA if you believe a violation of safety or health standard, or an imminent danger situation, exists in your workplace. You may request that your name not be revealed to your employer.

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**Know Your Rights "Right to Know" cont.**

- Participate in an OSHA inspection:
  - If an OSHA inspection is conducted in your workplace, you have the right to have your representative accompany the inspector on the inspection.
  - You also have the right to talk to the inspector privately.
  - You also have the right to find out about inspection results and abatement measures, and get involved in any meetings or hearings related to the inspection.
- Be free from retaliation for exercising safety and health rights: Workers have the right to seek safety and health on the job without fear of punishment [Section 11(c) of the OSH Act]



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**Know Your Rights cont.**

- Section 5(a)(1) of the OSH Act states: "Each employer shall furnish to each of his employees employment and a place of employment which are free from recognized hazards that are causing or are likely to cause death or serious physical harm to his employees."
- Section 5(b) of the OSHA Act states that each employee shall comply with occupational safety and health standards and all applicable rules, regulations, and orders.



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