

Sample Study Plan for a Test

Immediately After Last Test is Graded	<ul style="list-style-type: none">• Post-test Survey: reflect on past test(s) and determine how to study (where did answers come from, what types of questions – memorization, understanding, and/or application).
Days in Which New Content is Covered in Class	<ul style="list-style-type: none">• Attend class every day and take notes• Review and rewrite lecture notes (paraphrase and incorporate mnemonics, charts, diagrams, or other visuals)• Read/review all chapters – add notes from the reading to lecture notes• Make flashcards for key terms and concepts• Work on extra practice problems• Utilize campus resources
Week Prior to Test Date	<ul style="list-style-type: none">• Complete the study guide• Review, review, review! Engage with material (paraphrase, recall, rewrite, etc.)• Self-test (ex: flashcards, study guide, practice questions, study groups)
Day of Test	<ul style="list-style-type: none">• Do a quick review and self-test• Take a break and relax right before the test• Arrive to class early with all materials needed• Tell yourself you have prepared and you will do well
Post-test	<ul style="list-style-type: none">• Do a post-test survey and game plan for the next test
